



## About Us

A health journey of any kind—illness, injury, pregnancy complications, chronic medical or behavioral—is difficult to endure alone. It's a vulnerable time that can leave patients and caregivers feeling isolated when nothing matters more than social and emotional support.

CaringBridge is a nonprofit social network that helps people connect with family and friends during health journeys. Our online platform offers simple tools for patients and family caregivers to share health updates and mobilize the support of their communities.

That's how CaringBridge helps. Founder Sona Mehring created a single website in 1997 to support friends going through a complicated pregnancy. The safe and secure online space she made years before the arrival of Facebook, is visited about 300,000 times each day—by kind-hearted people sharing health updates or supporting loved ones.

## Contact

### Professionals:

To learn more,  
visit [CaringBridge.org/partnerships](https://CaringBridge.org/partnerships)

### For Training or Questions:

Susan Kerber  
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651.789.5349

### Patients & Caregivers:

To start a site or learn more,  
visit [CaringBridge.org](https://CaringBridge.org)

### Customer Support:

[CaringBridgehelp.custhelp.com/app/ask](https://CaringBridgehelp.custhelp.com/app/ask)  
651-789-2300 M-F 8A-4:30P CST

## Why Refer CaringBridge?

For people on health journeys, comprehensive emotional, spiritual and instrumental support is critical. Patients and their families need social support that extends beyond the doctors, nurses, and social workers providing care.

CaringBridge gives patients and caregivers a place to share news about their health journeys with family and friends. Their communities in return can be connected to provide thoughts and well wishes and other gestures of support instead of asking the individuals on a health journey to repeat the same story over and over again, thus adding to the stress of the situation.

Through CaringBridge, a patient or caregiver can:

- Journal and share health updates (with multiple co-authors)
- Customize privacy settings to control who has access to their site
- Receive well wishes and words of encouragement
- Coordinate daily instrumental support through the Planner
- Create live video calls powered by Zoom
- Share photos, videos and support links

CaringBridge is available via a mobile-friendly website at [CaringBridge.org](https://CaringBridge.org) and in the Apple and Google Play stores.

## Schedule Zoom Calls Through CaringBridge

Once your patient starts and shares their CaringBridge site to loved ones, scheduling a Zoom call can be done through the Planner.

From the home page of their site, click on "Planner" in the purple navigation bar below the cover photo. If using CaringBridge app, must click Ways to Help icon and scroll to Planner block and click "View Planner on CaringBridge.org" to launch responsive site. (May need to sign in again to CaringBridge site with login credentials.)

1. Click on "Add a Request"
2. Select Zoom
3. Complete the request form and hit "Create"
4. Share the Zoom call request via Share links or create a Journal entry letting loved ones know a Zoom call is requested and direct one CaringBridge visitor to accept the request to receive the call URL
5. A confirmation email is sent to both host and accepted Visitor. Visitors can share their Zoom URL with multiple people.
6. Launch Zoom call from email URL or through CaringBridge Planner at scheduled time.



[CaringBridge.org](https://CaringBridge.org)